

## Media Coverage for Blissful Bites and Christy Morgan

Christy Morgan, author of *Blissful Bites* (9781935618515), teaches cooking classes at the Dallas Farmer's Market on Thursday nights at 7 p.m. Information on her classes was featured in The Short Horn, the student newspaper for the University of Texas at Arlington, on January 19,

2012: <http://www.theshorthorn.com/index.php/entertainment/green-expectations-blog/28854-counterculture-student-discounted-organic-cooking-demonstration>.

Morgan will be signing copies of *Blissful Bites* at Veganlicious Miami on March 2, 2012 at 6:30 p.m. ET: <http://www.meetup.com/Veganlicious-Miami/>.

Morgan will be speaking and demoing on the Holistic Holiday at Sea Cruise on March 3 – 10, 2012: <http://www.atasteofhealth.org/>.

Morgan will be signing copies of *Blissful Bites* at the Five Seasons Cooking School in Portland, ME on March 23, 2012 from 6:30 – 9 p.m. ET.

Morgan will be signing copies of *Blissful Bites* and demoing recipes at Moonglow Yoga in Pittsburgh, PA on March 27, 2012 from 6 – 9 p.m. ET.

Morgan will be speaking and teaching cooking classes at the Texas Yoga and Vegan Cooking Retreat in Boyd, TX on April 20 – 22, 2012: <http://www.nicolesopko.com/texas.html>.

### PREVIOUSLY ANNOUNCED

*Blissful Bites* (9781935618515) was featured on the following sites:

- \* January 13, 2012 – Daily Forage: <http://www.dailyforage-glutenfree.com/daily-forage-gluten-free/2012/01/review-blissful-bites-provides-delicious-cookbook-.html>
- \* January 16, 2012 – Made Just Right: <http://www.madejustright.com/post/book-a-day-giveaway-win-blissful-bites>

*Blissful Bites* was featured in the January 2012 issue of Vegan Culinary Experience (p. 49 – 52): <http://www.veganculinaryexperience.com/VCEJan12.pdf>.

*Blissful Bites* was featured on DFW.com on January 17, 2012: <http://www.dfw.com/2012/01/17/564148/the-blissful-chef-christy-morgan.html>.

*Blissful Bites* (9781935618515) was recently featured on the following sites:

- \* December 20, 2011 – Diet Dessert and Dogs: <http://www.dietdessertndogs.com/2011/12/20/my-first-rave-review-of-blissful-bites-by-christy-morgan-broccoli-salad-with-creamy-mustard-dressing-recipe/>.
- \* December 30, 2011 – Novel Rocket: <http://www.novelrocket.com/2011/12/chef-author-christy-morgan.html>
- \* January 1, 2012 – The Vegetarian Who Hates Tofu: <http://www.vegetarianwhohatestofu.com/2012/01/blissful-bites-giveaway.html>
- \* January 3, 2012 – Daily Candy Dallas: <http://www.dailycandy.com/dallas/article/117246/Gyms-Eats-and-More-Ways-to-Make-the-Most-of-the-New-Year>
- \* January 5, 2012 – Daily Bites: <http://www.dailybitesblog.com/2012/01/05/eat-more-produce-and-a-giveaway/>

*Blissful Bites* was featured in the January issue of Today's Diet and Nutrition magazine (p. 34):<http://viewer.zmags.com/publication/1ee1daec#/1ee1daec/34>.

Christy Morgan, author of *Blissful Bites*, will be teaching a cooking class and selling books at the Matthew Kenney Academy in Oklahoma City, OK on January 24, 2012 at 6 p.m. CT.

*Blissful Bites* (9781935618515) was recently featured on the following sites:

\* December 12 – Yummy Plants: <http://yummyplants.com/vegan-blog/blissful-bites-from-the-blissful-chef/>

\* December 12 – Pegasus

News: <http://www.pegasusnews.com/news/2011/dec/12/holiday-gift-guide-vegans-dallas-christmas/>

\* December 12 – Kiss My

Broccoli: <http://www.kissmybrocoliblog.com/2011/12/12/blissful-bites-cookbook-review-giveaway/>

\* December 14 –

BizIndia: [http://www.bizindia.net/news/newsByCategory\\_LifeStyle.asp?catID=65&loCID=158&uid=20111213221018](http://www.bizindia.net/news/newsByCategory_LifeStyle.asp?catID=65&loCID=158&uid=20111213221018)

\* December 16 – Fayetteville Free

Weekly: <http://www.freeweekly.com/2011/12/15/blissful-bites/>

*Blissful Bites* (9781935618515) was recently featured on the following sites:

\* November 28 – Vegetarian Who Hates

Tofu: <http://vegetarianwhohatestofu.blogspot.com/2011/11/blissful-bites.html>

\* November 30 – Delicious Vitality: <http://deliciousvitality.com/blog/win-blissful-bites-cookbook-comment-to-enter-by-122/>

\* December 5 – Vegan Consultant: <http://www.veganconsultant.com/2011/12/enter-our-holiday-give-a-way/>

\* December 5 – Chicago Vegan Examiner: <http://www.examiner.com/vegan-in-chicago/blissful-bites-healthy-compassionate-living-for-everyone-review-1>

\* December 6 – Swell Vegan: <http://swellvegan.com/?p=1210>

\* December 6 – Pomp & Circumstance: <http://pomponline.com/?p=2212>

Christy Morgan, author of *Blissful Bites*, was a guest on Live Natural, Live Well on December 6, 2011: <http://www.blogtalkradio.com/docheather/2011/12/06/live-natural-live-well>.

*Blissful Bites* (9781935618515) was recently featured on the following sites:

\* November 28 – Dine Well: <http://dinewellco.blogspot.com/2011/11/blissful-bites-great-christmas-gift.html>

\* November 29 – Healthy Eating Starts

Here: [http://www.healthyeatingstartshere.com/vegetarians-and-vegans/vegan-cookbook-review-blissful-](http://www.healthyeatingstartshere.com/vegetarians-and-vegans/vegan-cookbook-review-blissful-bites?utm_source=feedburner&utm_medium=feed&utm_campaign=Feed%3A+eat-healthy+%28Healthy+Eating+Starts+Here%29)

[bites?utm\\_source=feedburner&utm\\_medium=feed&utm\\_campaign=Feed%3A+eat-healthy+%28Healthy+Eating+Starts+Here%29](http://www.healthyeatingstartshere.com/vegetarians-and-vegans/vegan-cookbook-review-blissful-bites?utm_source=feedburner&utm_medium=feed&utm_campaign=Feed%3A+eat-healthy+%28Healthy+Eating+Starts+Here%29)

\* November 30 – Life Told in Recipes:

<http://www.lifetoldinrecipes.blogspot.com/2011/11/bites-giveaway.html>

*Blissful Bites* (9781935618515) was recently featured in the holiday issue of Green Child Magazine (p. 67): <http://www.greenchildmagazine.com/current-issue/summer-issue-junejuly-2011/>.

A recipe from *Blissful Bites* was featured on the Huffington Post on November 22, 2011: [http://www.huffingtonpost.com/nil-zacharias/vegan-thanksgiving-recipes\\_b\\_1102905.html](http://www.huffingtonpost.com/nil-zacharias/vegan-thanksgiving-recipes_b_1102905.html).

*Blissful Bites* was mentioned on El Paso Veg Snob on November 20, 2011: <http://epvegsnob.wordpress.com/tag/christy-morgan/>.

Christy Morgan, author of *Blissful Bites*, will sign copies of the book at Ozark Natural Foods in Fayetteville, AR on Thursday, December 15, 2011 from 5 – 7 p.m.

Morgan's previously announced interview on Martha Stewart Living Radio will now be on November 30, 2011 at 1 p.m. ET.

Christy Morgan, author of *Blissful Bites* (9781935618515), will be a guest on Martha Stewart Living Radio on SiriusXM on Wednesday, November 30, 2011 at 1:30 p.m. ET.

*Blissful Bites* (9781935618515) was featured on the following sites in 2011:

\* November 11 – A Dash of Compassion: <http://www.adashofcompassion.com/2011/11/a-book-of-blissful-bites/>

\* November 14 – Diary of a Vegan Girl: <http://diaryofavegangirl.blogspot.com/2011/11/blissful-bites-giveaway.html>

\* November 18 – One Green Planet: <http://www.onegreenplanet.org/vegan-food/recipe-quinoa-with-roasted-root-veggies-and-currants/>

*Blissful Bites* was mentioned on the following sites:

\* November 16 – Disarray Magazine: <http://www.disarraymagazine.com/2011/11/yummyplantscom-offers-vegan-friendly.html>

\* November 17 – Culture Map Houston: <http://houston.culturemap.com/newsdetail/11-17-11-your-weekly-guide-to-houston-magic-photography-a-green-gatsby-craft-beer-ladies-and-a-doll-life/>

Christy Morgan, author of *Blissful Bites*, will be demoing recipes and signing copies of the book at the Dorris Van Doren Regional Library in El Paso, TX on Tuesday, November 22, 2011 at 5:30 p.m. CT. The event will be hosted by the Vegetarian Society of El Paso.

*Blissful Bites* (9781935618515) was featured in the most recent print version of D Magazine and on the magazine's food blog, SideDish, on October 20, 2011: <http://sidedish.dmagazine.com/2011/10/20/httpwww-amazon-comblissful-bites-vegan-nourish-planetdp1935618512/>.

*Blissful Bites* was also featured on the following sites:

\* October 19 – IttyBittyFoodies: <http://ittybittyfoodies.wordpress.com/2011/10/19/texas-state-veggie-fair/>

\* November 7 – What Tasty Food: <http://www.whattastyfood.com/2011/11/giveaway-blissful-bites-cookbook.html>

\* November 7 – 29-95.com: <http://www.29-95.com/restaurants/story/vegan-chef-christy-morgan-appear-houston-nov-11>

\* November 8 – Eating Our

Words: [http://blogs.houstonpress.com/eating/2011/11/get\\_lit\\_for\\_the\\_holidays\\_at\\_bo.php](http://blogs.houstonpress.com/eating/2011/11/get_lit_for_the_holidays_at_bo.php)

\* November 8 – Relish Austin: [http://www.austin360.com/blogs/content/shared-gen/blogs/austin/food2/entries/2011/11/08/new\\_farmers\\_market\\_on\\_sundays.html](http://www.austin360.com/blogs/content/shared-gen/blogs/austin/food2/entries/2011/11/08/new_farmers_market_on_sundays.html)

*Blissful Bites* (9781935618515) was featured on the following sites in 2011:

\* October 30 – Just the Food: <http://justthefood.blogspot.com/2011/10/thoughtful-thursdays-blissful-bites-by.html>

\* October 31 – People for Green

Justice: <http://www.peopleforgreenjustice.com/2011/10/31/blissful-bites-for-meatless-monday-giveaway/>

\* November 2 – The Crunchy

Carrot: <http://thecrunchycarrot.com/2011/11/02/blissful-bites/>

Christy Morgan, author of *Blissful Bites*, spoke at the Vegan Club of the University of Texas Arlington on November 1, 2011 in Arlington, Texas: <https://www.facebook.com/event.php?eid=259987270696045&ref=ts>.

Morgan will also host a cooking class at the Wonderland of Lights event on December 10, 2011 at Blue Frog Grill in Marshall,

TX: [http://visitmarshalltexas.org/index.php?option=com\\_content&view=article&id=353:celebrity-chef-cooking-class-with-chef-jessie-york&catid=91:wol2011-highlights&Itemid=144](http://visitmarshalltexas.org/index.php?option=com_content&view=article&id=353:celebrity-chef-cooking-class-with-chef-jessie-york&catid=91:wol2011-highlights&Itemid=144).

*Blissful Bites* (9781935618515) was featured on the following sites in 2011:

\* October 13 – Whole Life

Magazine: <http://www.wholelifemagazine.com/blog/?p=2641>

\* October 20 – Lazy Smurf’s Guide to

Life: <http://lazysmurf.wordpress.com/2011/10/20/team-sunny-day-giveaway/>

\* October 21 – Made Just Right: <http://www.madejustright.com/post/vegan-sushi-rice-bowl-from-blissful-bites>

\* October 21 – Canadian Gift Guide: <http://canadiangiftguide.com/2011/10/21/food-for-thought/>

\* October 24 – Manifest Vegan: <http://www.manifestvegan.com/2011/10/rockin-cookbook-week-christy-morgans-blissful-bites/>

You can see Christy Morgan’s previously announced October 19 appearance on KDFW Fox 4 “Good Day” in Dallas

here: [http://www.myfoxdfw.com/dpp/good\\_day/recipes/101911-Pumpkin-Spice-Pancakes](http://www.myfoxdfw.com/dpp/good_day/recipes/101911-Pumpkin-Spice-Pancakes).

*Blissful Bites* (9781935618515) was featured on the following sites in October 2011:

\* October 14 – Vegan.com: <http://vegan.com/blog/2011/10/14/blissful-bites-giveaway/>

\* October 15 – Veganacious.com: <http://veganacious.com/2011/10/15/blissful-bites-by-christy-morgan/>

\* October 16 – The Mercy for Animals Blog: <http://www.mfablog.org/2011/10/bliss-and-tell-mfa-talks-with-blissful-chef-christy-morgan.html>

\* October 18 – Made Just Right: <http://www.madejustright.com/post/blissful-bites-cookbook-giveaway>

\* October 18 – Food Blog and the Dog: <http://foodblogandthedog.wordpress.com/2011/10/18/1st-anniversary-pumpkin-chocolate-chip-cake-and-a-giveaway/#comment-2711>

Christy Morgan was a guest on KPFT 90.1 “Vegan World Radio” in Houston, TX on Wednesday, October 19, 2011 at 10 p.m. CT.

Morgan will be signing copies of *Blissful Bites* at One Green Street (5160 Buffalo Speedway, Houston, TX 77005) on Friday, November 11, 2011: <http://www.onegreenstreet.com/>.

Morgan will be signing copies of *Blissful Bites* at the Lonestar Vegetarian Cook-off at Old Settlers Park in Round Rock, TX on Sunday, November 13, 2011: <http://veggiechilicookoff.com/>.

*Blissful Bites* (9781935618515) was featured on Almost Vegan Chef on October 7, 2011: <http://almostveganchef.com/2011/10/07/book-reviews-vegan-desserts-blissful-bites-eat-vegan-on-4-a-day-giveaway/>.

*Blissful Bites* was reviewed on GoodVeg on October 11, 2011: <http://goodveg.squidoo.com/columns/veggie-revolution/review-of-blissful-bites>.

A recipe from *Blissful Bites* was featured on YummyPlants.com on October 13, 2011: <http://yummyplants.com/vegan-recipe/citrus-coconut-kabocha-bisque/>.

*Blissful Bites* was reviewed on MessyVegetarianCook.com on September 17, 2011: <http://www.messyvegetariancook.com/2011/09/17/review-of-blissful-bites-vegan-meals-to-nourish-the-mind-body-and-planet/>.

*Blissful Bites* (9781935618515) was featured in a giveaway on This Mama Loves Her Bargains on September 27, 2011: <http://mamalovesherbargains.com/2011/09/blissful-bites-cookbook-review-and-giveaway/#more-12992>.

*Blissful Bites* was reviewed on SavvyVegetarian.com on October 2, 2011: <http://www.savvyvegetarian.com/articles/blissful-bites-cookbook-review.php>.

*Blissful Bites* was reviewed on Lone Star Plate on October 5, 2011: <http://www.lonestarplate.com/2011/10/05/book-review-blissful-bites/>.

*Blissful Bites* was reviewed on Veggie Revolution on October 6, 2011: <http://veggierevolution.blogspot.com/2011/10/my-review-of-vegan-cookbook-blissful.html>.

Christy Morgan will be a guest on “The Ripple Effect with Kathryn Cloward” on October 27, 2011: <http://www.kathryncoward.com/october-27-2011-blissful-bite-with-the-blissful-chef-christy-morgan/>.

Christy Morgan’s October 7 and October 8 events in Austin were listed in and on the following publications and sites:

\* ImpactNews.com: <http://impactnews.com/austin-metro/icalrepeat.detail/2011/10/07/32418/546/the-natural-epicurean-academy-of-culinary-arts-presents-a-vegan-cooking-demonstration-with-the-blissful-chef-christy-morgan>

\* Austin Chronicle: <http://www.austinchronicle.com/food/2011-10-07/meal-times/>

Christy Morgan, author of *Blissful Bites* (9781935618515), will be on KDFW Fox 4 “Good Day” in Dallas on October 19, 2011 at 8:50 a.m. CT.

*Blissful Bites* (9781935618515) was positively reviewed in the October 2011 issue of VegNews. From the review: “Christy Morgan aimed high for her first book, thoughtfully adding multiple levels to *Blissful Bites*. The pages boast tidal waves of information...”

*Blissful Bites* was reviewed on The Little Vegan Baker on September 21, 2011 and is being featured in a giveaway on the site until September 27, 2011: <http://thelittleveganbaker.blogspot.com/2011/09/wiaw-13-giveaway.html>.

*Blissful Bites* was reviewed on Keeping Healthy Getting Stylish on September 20, 2011 and is being featured in a giveaway on the site until September 27, 2011: <http://www.keepinghealthygettingstylish.com/2011/09/blissful-bites-review-and-giveaway.html>.

*Blissful Bites* (9781935618515) was positively reviewed on PETA.org on September 17, 2011 and is being featured in a giveaway on the site until October 5, 2011: <http://www.peta.org/living/vegetarian-living/blissful-bites-cookbook.aspx>.

*Blissful Bites* is slated for review, including a cover image of the book, in the winter issue of Yoga International (circ. 100,000).

*Blissful Bites* (9781935618515) was reviewed on the Our Hen House Podcast on September 3, 2011: <http://www.ourhenhouse.org/2011/09/episode-86-we-cannot-believe-that-if-we-refuse-to-look-at-what-we-do-not-wish-to-see-it-will-not-exist/>.

*Blissful Bites* was featured on the Plant Based Health Cooking Instructors newsletter on September 6, 2011. The newsletter reaches 3,000 readers: <http://www.plantbasedhealth.com/Newsletters/pbhsep2011.pdf>.

*Blissful Bites* was mentioned on Forks Over Knives' Facebook page, which has over 100,000 likes, on September 7, 2011: <https://www.facebook.com/forksoverknives?sk=wall>.

*Blissful Bites* (9781935618515) was reviewed and featured in a giveaway on the blog, Spoonful of Sugar Free, on August 27, 2011: <http://spoonfulofsugarfree.com/2011/08/27/blissful-bites-and-giveaway/>.

*Blissful Bites* was reviewed and featured in a giveaway on the blog, Chic Vegan, on August 29, 2011: <http://chicvegan.com/blissful-bites-giveaway-and-a-recipe/>.

*Blissful Bites* was reviewed on Seattle Weekly's food blog, Voracious, on August 31 and mentioned the August 31 and September 1 events in Seattle: [http://blogs.seattleweekly.com/voracious/2011/08/blissful\\_bites\\_reminds\\_readers.php](http://blogs.seattleweekly.com/voracious/2011/08/blissful_bites_reminds_readers.php)

*Blissful Bites* (9781935618515) was positively reviewed on This Dish is Vegetarian on August 23, 2011: <http://www.thisdishisvegetarian.com/2011/08/christy-morgans-blissful-bites-is-must.html>.

Christy Morgan, author of *Blissful Bites*, wrote a guest post for the Vida Vegan Con website on August 23, 2011: <http://vidavegancon.com/category/christy-morgan/>.

*Blissful Bites* was also featured on Vegan.com on August 25, 2011: <http://vegan.com/blog/2011/08/25/christy-morgans-blissful-bites/>.

Christy Morgan, author of *Blissful Bites* (9781935618515), will be signing books at the following locations:

- Aug. 30, 2011, 6-8 p.m.: People's Food Co-Op, 3029 SE 21st Ave, Portland, OR 97202
- Sept. 6, 2011, 6:30-9 p.m.: Whole Foods – Pasadena, 3751 E. Foothill Blvd, Pasadena CA 91107
- Sept. 8, 2011, 7 p.m.: Green Apple Books, 506 Clement Street, San Francisco, CA 94118
- Sept. 10, 2011, 10 a.m.-1 p.m.: Little Italy Farmers Market, Date Street-India to Columbia-North Side, San Diego CA 92101
- Sept. 11, 2011, 2:30-4:30 p.m.: Evolution Fast Food, 2965 5th Ave, San Diego, CA 92103

- Nov. 5, 2011, 2 p.m.: Barnes & Noble at Southlake Town Square, 1430 Plaza Place, Southlake, TX 76092

\* Copies of the book will be available for sale at all signings and many signings also include food sampling or cooking demos

Morgan's 10/7 event was promoted by Natural Epicurean Academy of Culinary Arts on August 14. See the event page here: <http://www.naturalepicurean.com/blissful-bites-christy-morgan>.

Morgan's 9/8 book signing was promoted by Green Apple Books on August 18. See the event page here: <http://www.greenapplebooks.com/event/chef-christy-morgan-author-blissful-bites-free-food>.

Christy Morgan's 9/9 book signing was promoted by Natural Foods Market Erewhon on Monday, August 1, 2011. See their event's page here: [http://www.erewhonmarket.com/retailer/events/ret\\_events.asp?storeID=D75C352CBF6F4DDEAC31FE4AA9F34525](http://www.erewhonmarket.com/retailer/events/ret_events.asp?storeID=D75C352CBF6F4DDEAC31FE4AA9F34525)

Christy Morgan, author of *Blissful Bites*, was featured on Monday, February 14, 2011 on SupremeMasterTV.com, "Vegetarianism: The Noble Way of Living." See the full Valentine's Day cooking segment here: <http://www.youtube.com/watch?v=Ye3MEoIIsoM>

*Blissful Bites* will be reviewed in the August 2011 issue of **Library Journal**.

*Blissful Bites* was promoted on Monday, July 25 on the Mary J. Lore blog. See the promotion here: <http://www.maryjlore.com/tag/christy-morgan/>

Christy Morgan, author of *Blissful Bites*, will be signing books at the following locations:

- Aug. 31, 2011, 4-6 p.m.: Columbia City Farmer's Market, Edmunds St between 37th & 36th, Columbia City, Seattle, WA
- Sept. 1, 2011, 7 p.m.: Third Place Books, 17171 Bothell Way NE, Lake Forest Park, WA 98155
- Sept. 9, 2011, 6-8 p.m.: Erewhon Natural Foods Market, 7660-B Beverly Blvd, Los Angeles, CA 90036
- Sept. 11, 2011, 11 a.m.: La Jolla Open Aire Market, 7486 La Jolla Blvd, # 565, La Jolla, CA 92037
- Oct. 23, 2011, 11 a.m.-6 p.m.: Texas State Veggie Fair, 950 East Lawther Dr, Dallas, TX 75218

\* Copies of the book will be available for sale at all signings and many signings also include food sampling or cooking demos

Christy Morgan, author of *Blissful Bites*, will be giving cooking demonstrations at the following locations:

- Oct. 2, 2011, 3-5 p.m.: Gluten & Allergen Free Expo, The Westin Park Central, 12720 Merit Dr, Dallas, TX 75251
- Oct. 7, 2011, 7-9 p.m.: The Natural Epicurean Academy of Culinary Arts, 1700 S Lamar Blvd, Austin, TX 78704

Christy Morgan, author of *Blissful Bites*, was interviewed on Friday, June 3, 2011 in VeganConsultant.com. See the spotlight interview

here: <http://www.veganconsultant.com/2011/06/spotlight-the-blissful-chef/>

*Blissful Bites* was featured as a staff pick on Wednesday, June 1, 2011 in the VegNews “This Just In” article. See the article

here: <http://thisjustinvegnews.blogspot.com/2011/06/vegan-lotion-and-cookbook.html>

Christy Morgan, author of *Blissful Bites*, was featured regarding her Dallas cooking classes on Wednesday, June 1, 2011 on Pegasus News online. See the feature

here: <http://www.pegasusnews.com/news/2011/jun/01/vegan-chef-new-dallas-teaching-how-classes/>

*Blissful Bites* recipe and author Christy Morgan were mentioned in the T. Colin Campbell Foundation’s March 2011 newsletter in the “Featured Recipe” section. See the newsletter here:

<http://us1.campaign-archive2.com/?u=51aa734ea43ee2d8487939510&id=1cfcb6a035&e=49ccd50cf1>